






Elementary Lunch Menu April 2019

Monday	Tuesday	Wednesday	Thursday	Friday		
<p>1 <u>Choice of One</u> E Macaroni and Cheese Zwiegle Hot Dog on WG Bun Veggie Burger on WG Bun</p> <p><u>Choice of Two</u> Tossed Salad w/ chick peas Steamed Broccoli Chilled Mixed Fruit</p>	<p>2 <u>Choice of One</u> A Chicken Tenders w/ WG roll Julienne Salad w/ WG roll Fruit, Yogurt & Cheese Plate w/ WG roll Grilled Chicken with Leaf Lettuce on a bun</p> <p><u>Choice of Two</u> Spinach Salad/Dressing Red and Green Pepper Strips Chilled Pears</p>	<p>3 <u>Choice of One</u> B Philly Steak Sandwich on WG hoagie roll Ham and Cheese on a WG bun Yogurt parfait w/ soft pretzel Veggie Burger on WW Bun</p> <p><u>Choice of Two</u> Tossed Salad w/ chick peas Carrot Nibblers w/ dip Strawberry cup</p>	<p>4 <u>Choice of One</u> C Stuffed Crust Pizza Ranger burger on WG Bun Fruit, Yogurt & Cheese Plate w/ WW Bread Stick Grilled Chicken w/ Leaf Lettuce on a bun</p> <p><u>Choice of Two</u> Caesar Salad Glazed Carrots Chilled Peaches</p>	<p>5 <u>Choice of One</u> D Fish Sandwich Corn Dog Veggie Burger on WG Bun</p> <p><u>Choice of Two</u> Baked Beans French Fries Chilled Assorted Fruit</p>	<p>PARENTS: Your child(ren) may qualify for free or reduce meals. Complete a meal application and turn it in to any cashier.</p>	
<p>8 <u>Choice of One</u> E Taco Salad w/ lettuce, cheese and salsa Zwiegle Hot Dog on WG Bun Veggie Burger on WG Bun</p> <p><u>Choice of Two</u> Brown Rice Steamed Corn Chilled Peaches</p>	<p>9 <u>Choice of One</u> A Popcorn Chicken w/ WG roll Chicken Caesar Salad w/ WG roll Fruit, Yogurt & Cheese Plate w/ WG roll Grilled Chicken with Leaf Lettuce on a bun</p> <p><u>Choice of Two</u> Spinach Salad/Dressing Steamed Green Beans Strawberry cup</p>	<p>10 <u>Choice of One</u> B Pillsbury Mini Pancakes w/ breakfast sausage Turkey BLT on WW Bun Yogurt parfait w/ soft pretzel Veggie Burger on WW Bun</p> <p><u>Choice of Two</u> Tossed Salad w/ chick peas Hash browns Chilled Apple Sauce</p>	<p>11 <u>Choice of One</u> C Fiestada Pizza Ranger burger on WG Bun Fruit, Yogurt & Cheese Plate w/ WW Bread Stick Grilled Chicken with Leaf Lettuce on a bun</p> <p><u>Choice of Two</u> Garden Salad w/ chick peas Fresh Baby Carrots Chilled Mandarin Oranges</p>	<p>12 No School</p> <div style="text-align: center;">  </div>	<p>Pay for meals on-line mySchoolBucks.com OR Checks may be made payable to Spencerport School Lunch Fund and handed in at the register to be put in a student's Nutrikids Meal Account.</p>	
<p>15</p> <div style="text-align: center;">  </div>	<p>16</p> <div style="text-align: center;">  </div>			<p>18</p>	<p>19</p> <div style="text-align: center;">  </div>	
<p>22 <u>Choice of One</u> D Chicken & Cheese Quesadilla Zwiegle Hot Dog on WG Bun Veggie Burger on WG Bun</p> <p><u>Choice of Two</u> Stemmed Corn Brown Rice Chilled Mandarin Oranges</p>	<p>23 <u>Choice of One</u> E Chicken Smacker w/ WG roll Julienne Salad w/ WG roll Fruit, Yogurt & Cheese Plate w/ WG roll Grilled Chicken with Leaf Lettuce on a bun</p> <p><u>Choice of Two</u> Oven Baked French Fries Fresh Baby Carrots Chilled Apple Sauce</p>	<p>24 <u>Choice of One</u> A Mozzarella sticks w/ sauce Ham & Cheese on WW Bun Yogurt parfait w/ soft pre Veggie Burger on WG Bun</p> <p><u>Choice of Two</u> Oven Baked Tater Tots Caesar Salad Chilled Pears</p>	<p>25 <u>Choice of One</u> B Pizza Crunchers Ranger burger on WG Bun Fruit, Yogurt & Cheese Plate w/ WW Bread Stick Grilled Chicken with Leaf Lettuce on a bun</p> <p><u>Choice of Two</u> Tossed Salad w/ chick peas Steamed Broccoli Chilled Peaches</p>	<p>26 <u>Choice of One</u> C Grilled Cheese Sandwich Egg Salad on WG bun Veggie Burger on WG Bun</p> <p><u>Choice of Two</u> Tomato Soup Assorted Fresh Vegetable Chilled Assorted Fruit</p>	<p>Available Daily</p> <p>Daily: PBJ on WW Tues & Thurs: Juice Assorted Fresh vegetables</p> <p>Milk- 1%, Skim & FF Chocolate</p>	
<p>29 <u>Choice of One</u> D Pasta w/ Meatballs Zwiegle Hot Dog on WG Bun Veggie Burger on WG Bun</p> <p><u>Choice of Two</u> Caesar Salad Steamed Mixed Vegetables Chilled Peaches</p>	<p>30 <u>Choice of One</u> E Chicken Patty w/ WG roll Chicken Caesar Salad w/ WG roll Fruit, Yogurt & Cheese Plate w/ WG roll Grilled Chicken with Leaf Lettuce on a bun</p> <p><u>Choice of Two</u> Spinach Salad/Dressing Tater Tots Chilled Pears</p>	<div style="text-align: center;">  </div>			<p>Breakfast Daily~\$1.75 Weekly~\$8.75</p> <p>Lunch Daily~ \$2.90 Weekly~\$14.50</p>	